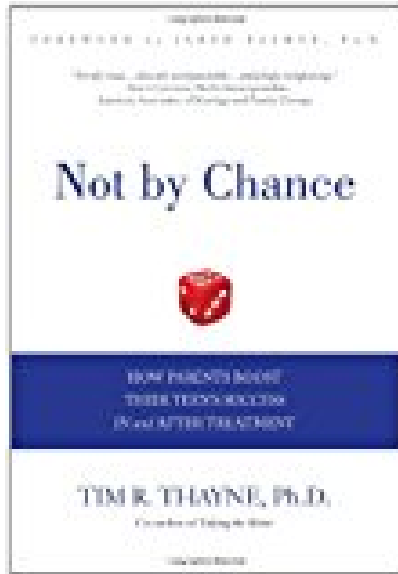


Not by Chance How Parents Boost Their Teens Success In and After Treatment



BOOK DETAILS

- Author : Tim Thayne
- Pages : 304 Pages
- Publisher : Advantage Media Group
- Language : English
- ISBN : 1599323176

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BOOK SYNOPSIS

Your struggling teenager is going to a residential or wilderness treatment program. Their addictions, learning disabilities, or emotional/behavioral issues have brought you to a moment of decision. Heartsick, anxious, and exhausted, questions bounce endlessly around your mind, "Will this work? Was this really necessary? Will she ever forgive me? Can we handle him at home when the time comes?" Dr. Tim Thayne delivers the answers in his groundbreaking book *Not by Chance*. As an owner/therapist of wilderness and residential programs, Thayne was frustrated when young people made monumental progress, only to return home where things quickly unraveled. His mission became to vastly improve long-term success by crafting and proving a model to coach parents on their power to lead out through full engagement during treatment and management of the transition home. *Not by Chance* engages readers through solid research, simple exercises, and captivating stories taken from Thayne's own life and the living rooms of hundreds of American homes. This book serves up concrete tools, hope, confidence, and stamina for families, professionals and mentors. Topics include:

- Why good programs work
- How to boost—not undermine—treatment
- Nine dangers waiting after discharge
- How to identify natural mentors for your teen
- What to do when the testing begins
- When and how to grant back privileges and freedoms
- How to ease your young adult's transition from treatment to independent living
- When you know you've succeeded

If you are even considering out-of-home treatment for your teen, do not gamble with the outcomes. *Not by Chance* should claim its rightful place on your nightstand.

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