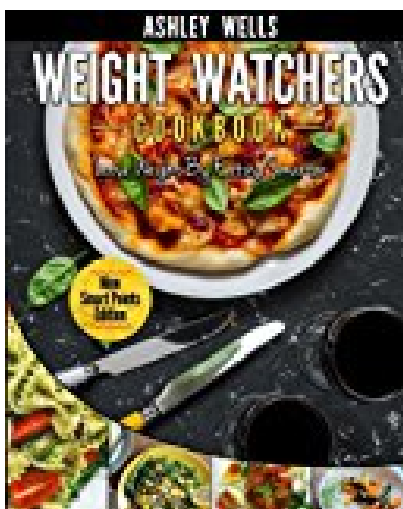


Weight Watchers Weight Watchers Cookbook - Smart Points Edition - Lose Weight By Eating Smarter Weight Watchers Pocket Guide Volume 1



BOOK DETAILS

- Author : Ashley Wells
- Pages : 110 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 154322864X

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BOOK SYNOPSIS

A treasury of 300 healthy one-dish recipes draws on the insights of Weight Watchers culinary experts and provides an array of casseroles, soups and stews for the whole family that can be prepared in woks, slow cookers, pressure cookers and more.

WEIGHT WATCHERS WEIGHT WATCHERS COOKBOOK - SMART POINTS EDITION - LOSE WEIGHT BY EATING SMARTER WEIGHT WATCHERS

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